

ADNAN KRIEK

REGISTERED NURSE

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Lebanese | D.O.B 15/01/1995 | Beirut, Lebanon

Dedicated and compassionate Registered Nurse with over eight years of extensive experience in clinical care, patient education, pain management, and critical care. Recognized for excellence in nursing practice, patient advocacy, and quality improvement initiatives. Proficient in advanced nursing care, interdisciplinary collaboration, and the development of patient-centered education programs. Seeking a role to leverage expertise in clinical leadership, evidence-based practice, and patient education to drive healthcare excellence and improve patient outcomes.

PROFESSIONAL EXPERIENCE

AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER (AUBMC) – Beirut, Lebanon

Unit-Based Patient Educator

Oct 2023 – Present

- Initiate and lead projects to standardize and improve patient education within the clinical service area.
- Develop and review patient education materials tailored to the diverse needs and cultural backgrounds of the patient population.
- Conduct individual and group educational sessions to improve patients' understanding of medical conditions, treatment plans, medications, and necessary lifestyle modifications.
- Collaborate with healthcare teams to ensure consistent delivery of education that aligns with clinical goals and best practices.
- Evaluate the effectiveness of educational initiatives and adjust strategies to meet patient learning needs.

Registered Nurse – Neuro-Medical Surgical Unit

Jun 2016 – Present

- Serve as the Nurse in Charge, overseeing staffing, creating staff schedules, and managing unit personnel to ensure smooth operations.
- Act as the clinical nurse in charge, managing a team of five nurses, delegating tasks, and resolving escalated issues effectively.
- Train and mentor junior nurses to uphold high standards of patient care and professional development.
- Perform thorough patient assessments using targeted and problem-focused assessment techniques to determine care priorities.
- Administer medications, monitor for desired and adverse effects, and intervene appropriately based on patient responses.
- Prepare and coordinate patient discharge plans while educating patients and families for a seamless transition from hospital to home care.
- Deliver nursing care and assume responsibility for the physical and emotional well-being of assigned patients.
- Educate patients and caregivers on self-care techniques within patients' functional limitations to promote independence.
- Collaborate actively as a member of the interdisciplinary care team to deliver high-quality patient care.
- Serve as the primary EPIC super-user resource for the unit, training and assisting staff with any issues they encounter with the software.
- Gather feedback on desired tasks or changes and communicate these to the Nursing Informatics Council for further discussion.
- Act as a wound care resource, guiding staff on proper wound assessment and treatment techniques.
- Serve as the pain resource nurse, providing expertise in pain management, assessment techniques, and accurate documentation.
- Function as the Magnet resource nurse, preparing the unit for Magnet accreditation and ensuring adherence to accreditation standards.
- Participate in the Quality Council, leading policy updates, conducting quality rounds, and promoting adherence to best practice standards.
- Act as a divisional champion for the Infection Control Committee, reviewing audit data, delivering educational sessions, and facilitating monthly meetings to address concerns and implement new initiatives.

Pain Team Service

Mar 2023 – March 2024

- Acknowledge and validate patients' pain experiences with empathy and professionalism.
- Identify and evaluate the most likely sources of patients' pain through comprehensive assessments.
- Conduct regular pain assessments, addressing new reports of pain or anticipated pain recurrence promptly.
- Educate patients and their families on effective pain management strategies for use at home.
- Collaborate with interdisciplinary teams to develop individualized pain management plans that enhance patient comfort and well-being.

Neurology Intensive Care Unit

Jun 2020 – Jun 2021

- Deliver advanced nursing care to critically ill neurological patients, including comprehensive assessments, medication administration, and care planning.
- Manage staffing and operations as the Nurse in Charge, ensuring seamless workflow in a high-acuity unit.
- Collaborate with multidisciplinary teams to develop and implement patient-specific care plans and interventions.
- Serve as a resource for EPIC system use, pain management, wound care, and infection control, ensuring adherence to best practices and quality standards.
- Support Magnet accreditation efforts by fostering nursing excellence and compliance with ICU-specific standards.

EDUCATION

AMERICAN UNIVERSITY OF BEIRUT, HARIRI SCHOOL OF NURSING – Beirut, Lebanon

2024 – 2025

Diploma in Nursing Administration and Management

AMERICAN UNIVERSITY OF BEIRUT, HARIRI SCHOOL OF NURSING – Beirut, Lebanon

2020 – 2023

Master of Science in Nursing – Adult Care in Gerontology

CERTIFICATIONS

AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER – Beirut, Lebanon Certificate in Basic Life Support for Healthcare Providers	Oct 2024
INSTITUTE OF PALLIATIVE MEDICINE Foundations of Palliative Care	Jul 2023
AMERICAN UNIVERSITY OF BEIRUT, HARIRI SCHOOL OF NURSING – Beirut, Lebanon IT MC Applications Team (Epic Superuser Program)	Mar 2023
AMERICAN UNIVERSITY OF BEIRUT, HARIRI SCHOOL OF NURSING – Beirut, Lebanon CITI - Social & Behavioral Research, Basic/Refresher Course	Jan 2020
AMERICAN UNIVERSITY OF BEIRUT MEDICAL CENTER – Beirut, Lebanon FOCUS PDCA Certificate	Sep 2017
AMIDEAST – Beirut, Lebanon English Course Certificate	Dec 2012

ACHIEVEMENTS

- ❖ **DAISY Award:** Recipient of the award for extraordinary nursing performance
- ❖ **Performance Improvement Project:** Improving Discharge Education Process for Neurology Patients, reducing infection rate related to Foley catheter and standardizing education across all neurology registered nurses for patients undergoing craniotomy.
- ❖ Annual Nursing Excellence Award: **Women’s Auxiliary Award** for RNs in the Annual Nursing Excellence Awards (ANEA) 2024.

COMPETENCIES

- **Languages:** Arabic – Native, English – Full Professional Proficiency.
- **Volunteer Memberships:** COVID-19 Vaccination Campaign by the Ministry of Public Health, Chreek NGO, International Orthodox Christian Charities.
- **Software:** MS Office, Google Workspace, Epic Systems, Outlook, Research & Navigation.
- **Core Skills:** Clinical Expertise, Patient Education, Critical Care, Project Management, Policy Development, Team Leadership & Management, Healthcare Systems, Communication, Empathy, Problem Solving, Interdisciplinary Collaboration, Strategic Planning, Organization, Attention to Detail, Adaptability, Time Management.